



NYS Apples  
NYS Potatoes  
NYS Onions







June  
2025 6-12



# Lunch

## MS/HS



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Mac & Cheese McFalcon Burger on a bun	<b>3</b> Chicken Nuggets with Rice Grilled Cheese	<b>4</b> Baked Chicken with Pasta Variety Pizza	<b>5</b> Taco in a bag with Rice Cheeseburger on a Bun	<b>6</b> Chicken in Korean Sauce with Noodles Chicken Patty on a Bun
<b>Green Beans 1/2c</b> <b>Sweet Potatoes 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>Baked Beans 1/2c</b> <b>Seasoned Corn 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>Green Peas 1/2c</b> <b>Mixed Vegetables 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>NYS Potatoes 1/2c</b> <b>Steamed Carrots 3/4c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>1C Romaine Lettuce=1/2c</b> <b>Steamed Broccoli 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>
<b>9</b> Mac & Cheese Rodeo Burger on a bun	<b>10</b> Spaghetti with Meat sauce Grilled Cheese	<b>11</b> Sweet Sour Chicken with Rice Variety Pizza	<b>12</b> Cheesy Croissant with Sauce Cheeseburger on a Bun	<b>PROMO 13</b> Cheeseburger on a Bun Chicken Patty on a Bun
<b>Celery Sticks 1/2c</b> <b>Carrot Sticks 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>Vegetarian Beans 1/2c</b> <b>Seasoned Corn 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>Cauliflower 1/2c</b> <b>Steamed Carrots 3/4c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>Mixed Veggies 1/2c</b> <b>Sliced Cucumber 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>1C Romaine Lettuce=1/2c</b> <b>Steamed Broccoli 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>
<b>16</b> Mac & Cheese McFalcon Burger on a bun	<b>17</b> Taco in a Bag with Rice Grilled Cheese	<b>18</b> Chicken Alfredo Variety Pizza	<b>19</b> <b>JUNETEENTH</b> <b>Celebrate Freedom</b> <b>JUNE 19</b>	<b>20</b> Taco & Cheese Flatbread Chicken Patty on a Bun
<b>Chef's Choice 1/2c</b> <b>Chef's Choice 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>Chef's Choice 1/2c</b> <b>Chef's Choice 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>Chef's Choice 1/2c</b> <b>Chef's Choice 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>		<b>Chef's Choice 1/2c</b> <b>Chef's Choice 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>
<b>23</b> Cook's Choice Rodeo Burger on a bun	<b>24</b> Cook's Choice Grilled Cheese	<b>25</b> 	<b>26</b> <b>Graduation</b> 	<b>27</b> 
<b>Chef's Choice 1/2c</b> <b>Chef's Choice 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>	<b>Chef's Choice 1/2c</b> <b>Chef's Choice 1/2c</b> <b>Fresh or Prepared Fruit 1/2c</b> <b>Milk-8oz</b>			
<b>30</b> 				<b>All Children under 18 are eligible for free food refer to web-site and /or phone #</b>

### NYS LOCAL FOODS

**\*Upstate Farms**

**Milk, Yogurt, Sour Cream**

**Eden Valley Growers**

**Assorted Varieties of Apples**

**Eden Valley Growers**

**Assorted Fruits & Vegetables**

used in Meal Program

highlighted in green

### The Following Entrees Served Daily:

**6" Subs and Wraps (2M2G)**

**Salads Made to Order**  
(Includes Roll) 2M2G

**Peanut Butter & Jelly**  
**Ham Turkey**  
**Sandwiches (2M2G)**

### Fruit & Yogurt Parfait

Offered daily  
with all School Lunches:

**Fresh or Prepared Fruit**  
(Must take ½ cup of Fruit or Vegetable –  
may take up to 1 cup)

**NY State 8oz 1% or Skim**  
**White Milk**  
**Fat Free Chocolate Milk**

This institution is an equal opportunity  
Provider and Employer

**For Information for Summer Meals Please**  
**Visit [www.Summermealsny.Org](http://www.Summermealsny.Org) Or Call**  
**211 or 866-3-HUNGRY.**

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

**If your student has a particular food allergy, please contact the food service office @**  
**(716) 665-6624**

**Student (1st) FREE**  
**Adult \$5.05**